

Metta Earth Internship/Team Residency Application

Please indicate whether you are applying for an internship or a general team position...see accompanying descriptions.

To apply for a position at Metta Earth Institute please complete the following and send it back to us....remember to take the word doc out of this email and onto your desk top before filling it out. Hand written and mailed responses are also welcome. Include all your contact information (name, address, phone, email). Return to info@mettaearth.org or mail to: 334 Geary Road South, Lincoln, VT 05443.

- Cover letter: introduce yourself, and detail why you think you would be a good match for an internship or team residency at Metta Earth.
- Photo: include a recent photo of yourself
- Resume: outline your past work and related experience.
- References: provide email and phone information and relationship for one personal & two work references
- Answers: respond to the following questions:

Application Questions:

1. What is your preferred time period in working & living here?
2. Describe what most interests you about this opportunity and what you most hope to receive from this experience?
3. Qualitatively describe your life experiences in the past few years.
4. Living at Metta Earth is considered an immersive community experience. Describe any past experience you have with communal/cooperative living and what calls you to it now.
5. Please describe your experience with contemplative practices such as yoga and meditation, your interest in contemplative community, and whether you are ready to engage in a regular self guided practice?
6. What do you think your reaction to living in a remote, rural area would be? Do you have a car or bike? Do you have friends or relatives in the region? What is your need for peers? Do you imagine that on days off you will want to go other places or do you imagine staying at Metta Earth?
7. How would you deal with personal and interpersonal issues that rise up for you throughout the experience?
8. Tell us the areas of Metta Earth work that most interest you and your past personal experience in these areas:
 - a. gardening and food preservation
 - b. animal caretaking
 - c. forestry and wood processing
 - d. cooking/ retreat cooking
 - e. housekeeping/ retreat preparation

- f. hosting retreat groups
 - g. administrative support
9. Describe your abilities & feelings around full days of physical work on the farm.
 10. Please share your general state of mental and physical health, especially anything that would help us understand your needs, limits, challenges, and abilities.
 11. Do you have special needs, addictions, allergies? Do you take medication? Please specify.
 12. Do you have medical insurance coverage?
 13. Do you have special dietary needs? Please describe your food preferences.
 14. What do you perceive your biggest challenge with this experience will be? And what most thrills you!

Thank you for taking the time to fill out your application with focus and care.

We look forward to speaking with you soon!

The Metta Earth Team